



Planning a family vacation to the Caribbean? You've come to the right place!

With so many resorts to choose from, it can feel a bit overwhelming, but don't worry—I've got you covered.

Fun activities for the kids, spacious rooms, and kid-friendly dining options — this guide covers all the bases and will give you clarity on how to find the perfect family resort in the Caribbean. Let's jump in!

Step 1: Figure out what's most important to your family

Every family is different, so before you dive into resort looking at resort options, online reviews and articles, think about what's most important for your trip. Ask yourself:

- Do you want tons of kid-friendly activities, like waterparks or kids' clubs?
- Is having an all-inclusive package a must to make things easier?
- Does your family prefer adventure or just relaxing by the pool?

Figuring out what you want the most will help narrow down your choices and make picking the perfect spot easier. Your list of must-haves will also be your north star as you dive into all of the information on the internet — there's a lot out there!



Step 2: Pick the right Island

Not all Caribbean islands are the same, and some are more family-friendly than others. Here's a quick breakdown of a few great options:

- Jamaica: Awesome all-inclusive resorts with kids' clubs and adventure activities.
- The Bahamas: Think waterparks, beaches, and marine life experiences.
- Turks and Caicos: Gorgeous, calm beaches that are perfect for younger kids.
- **Dominican Republic:** A great mix of culture, adventure, and family resorts.
- St. Lucia: A good choice for families who want both beach time and some outdoor adventure, like hiking or zip-lining.

Can you visit other islands? Absolutely! The world is your oyster. Some islands will be easier than others to navigate with the kiddos. This list is only a starting point.



Step 3: Picking The Right Property & Room Category

Space matters! Here are some options that can make your stay more comfortable:

- Resorts With Family Suites: Rooms with multiple bedrooms or connecting rooms so everyone can have their own space.
- Resorts With Kitchenettes: Perfect for families who like to have snacks or simple meals on hand.
- **Private Villas:** If you're traveling with a larger group, villas with private pools and kitchens can be a dream.

Eden Roc Cap Cana is one resort with spacious family suites where everyone can spread out and feel at home.

The Shore Club has Villas and Suites at the resort so you get the amenities of the resort, but additional amenities and the feel of staying in a private villa.



Step 4: Look for family-friendly perks

When you're picking a resort, some key features can make your family vacation a lot more fun and stress-free. Here's what to look for:

Kids' Clubs & Babysitting Services

A solid kids' club can be a lifesaver. Resorts with supervised activities let your kids have a blast while you get some relaxation time. Some resorts even offer babysitting if you're looking for a parents' night out.

Make sure the resort has a calendar full of activities for different ages. Crafts? Sports? Nature exploration? It's all about keeping the kids happy.

Casa de Campo has a great kids club and lots of daily activities for kids of all ages.

Pools & Waterparks

What's a family vacation without some epic pool time? Many resorts have splash zones, lazy rivers, and even thrilling water slides.

Hotel Xcaret Mexico is another property I highly recommend. The waterpark is so good, the kids won't want to leave!

Water & Beach Activities

Kayaking, paddle boarding, snorkelling — these are all great addons if your kids are old enough to enjoy and its always a nice bonus when it's conveniently offered by the resort.

Step 5: Dining that Works for Everyone

Picky eaters? No problem! The best family resorts have dining options that cater to all tastes and dietary needs. Look for:

- Kid-friendly buffets: Resorts that serve pizza, pasta, and other easy favorites.
- Special menus: If you've got dietary restrictions or allergies, keep your eyes peeled to make sure the resort offers glutenfree, vegetarian, or allergy-friendly options. Most can accommodate different dietary needs these days, but it isn't always the case.

Grand Velas is known for its great dining options that keep both kids and parents happy.

Step 6: Keep your relaxation in mind!

Yes, the kids will have a blast, but you deserve a break too! Look for resorts that offer:

- Spa and wellness programs: While the kids are at the club, you can unwind with a massage or fitness class.
- Adult-only areas: Some resorts have adults-only pools or restaurants for a little peace and quiet.

Final Tips for Picking the Right Resort

Location is Key

Choosing the right location can make or break your vacation. If your family loves adventure—like snorkeling, cultural tours, or exploring local attractions—you'll want to be close to the action. On the other hand, if relaxation is the goal, a resort packed with on-site activities might be the better option.

 My Tip: I'll help you choose a resort that's perfectly located based on the activities and experiences your family is most excited about.

Budgeting for Value

All-inclusives are great for convenience, but à la carte resorts can offer more flexibility, especially if your family enjoys venturing out to explore local dining. I'll help you compare both options to ensure you're getting the best value for your trip.

• My Tip: I'll make sure we find a resort that fits your budget and gives you the best bang for your buck, whether that's an all-inclusive package or more flexible à la carte pricing.

Check Reviews Carefully

It's easy to get swayed by star ratings, but recent reviews from families are what really count. I'll dig into feedback from other families to ensure the resort truly caters to your needs, from kids' activities to family-friendly dining options.

• My Tip: I've done the research and know which resorts get consistently high marks from families. I'll recommend the best options so you can know you're making the right choice.

